

Monday

Tuesday

Wednesday

Thursday

Friday



1
HAPPY NEW YEAR
WINTER BREAK
NO SCHOOL

2
WINTER BREAK
NO SCHOOL

3
WINTER BREAK
NO SCHOOL

6
STAFF ONLY
NO SCHOOL

7
Sausage Biscuit
Mandarin Oranges
Fruit Juice
Low Fat Milk

8
Cinnamon Roll
Mixed Fruit
Fruit Juice
Low Fat Milk

9
PB & J Uncrustable
Fresh Fruit
Fruit Juice
Low Fat Milk

10
Breakfast Sausage Pizza
Diced Pears
Fruit Juice
Low Fat Milk

13
Cereal
String Cheese
Raisins/Raisels
Fruit Juice
Low Fat Milk

14
Egg & Cheese Biscuit,
Pineapple Tidbits
Fruit Juice
Low Fat Milk

15
Dunkin Donut Stick
Diced Peaches
Fruit Juice
Low Fat Milk

16
French Toast Sticks
Fresh Fruit
Fruit Juice
Low Fat Milk

17
Flavored Yogurt Cup
String Cheese
Rosy Red Pears
Fruit Juice
Low Fat Milk

20
MARTIN LUTHER KING DAY
NO SCHOOL
POSSIBLE MAKE UP DAY

21
Chicken Biscuit
Mandarin Oranges
Fruit Juice
Low Fat Milk

22
STAFF DEVELOPMENT DAY
EARLY DISMISSAL
Goody Bun
Mixed Fruit
Fruit Juice
Low Fat Milk

23
Pancakes & Syrup
Fresh Fruit
Fruit Juice
Low Fat Milk

24
Bacon Scramble Pizza
Diced Pears
Fruit Juice
Low Fat Milk

27
Muffin
Fruit Gels
Fruit Juice
Low Fat Milk

28
Scrambled Eggs
Toast & Jelly
Pineapple Tidbits
Fruit Juice
Low Fat Milk

29
Super Donut
Diced Peaches
Fruit Juice
Low Fat Milk

30
Piggie Stick w Syrup
Fresh Fruit
Fruit Juice
Low Fat Milk

31
Biscuit & Gravy
Rosy Red Pears
Fruit Juice
Low Fat Milk

MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday



1

2

3

4

5

6

**STAFF ONLY
NO SCHOOL**

7

Chicken on the Beach
Refried Beans
Salsa w/Chips
Diced Pears
Low Fat Milk

8

Country Fried Steak
Mashed Potatoes & Gravy
Seasoned Broccoli
WG Roll
Flavored Applesauce
Low Fat Milk

9

Chicken Fillet on Bun
Au Gratin Potatoes
Green Beans
Fresh Fruit
Low Fat Milk

10

Hot Dog on WG Bun,
Oven Fries
Fresh Carrots & Dip
Fruit Mix
Low Fat Milk

13

BBQ Pulled Pork on bun
Baked Beans
Baby Bakers
Mandarin Oranges
Low Fat Milk

14

Chili
Bosco Stick (1) OR
Peanut Butter Sandwich
Coleslaw
Oven Fries
Rosy Red Pears
Low Fat Milk

15

Spaghetti w Meat Sauce
WG Bread Stick
Seasoned Broccoli
Glazed Carrots
Raisins/Raisels
Low Fat Milk

16

Chicken Nuggets
Mashed Potatoes & Gravy
Seasoned Corn
WG Roll
Fresh Fruit
Low Fat Milk

17

Pizza
Potato Smiles
Dragon Juice
Diced Peaches
Low Fat Milk

20

**MARTIN LUTHER KING DAY
NO SCHOOL
(POSSIBLE MAKE UP DAY)**

21

Scrambled Eggs
Goody Bun
Potato Smiles
Cucumbers & Tomatoes
Spiced Apples
Low Fat Milk

22

EARLY DISMISSAL
(BBQ Parfait)
BBQ Pulled Pork
Mashed Potatoes
Cheesy Broccoli
Applesauce
WG Breadstick
Low Fat Milk

23

Tangerine Chicken
WG Fried Rice
Glazed Carrots
Stir Fry Veggies
Fresh Fruit
Low Fat Milk
Fortune Cookie

24

Hamburger on Bun,
Oven Fries
Seasoned Corn
Mixed Fruit
Low Fat Milk

27

Mini Corn Dogs
Baked Beans
Baby Bakers
Mandarin Oranges
Low Fat Milk

28

Nachos w/Queso
Refried Beans
Seasoned Corn
Tortilla Chips
Rosy Red Pears
Low Fat Milk

29

Lasagna w/Marinara Sauce
Glazed Carrots
Seasoned Broccoli
WG Breadstick
Fruit Gels/Frozen Fruit Cup
Low Fat Milk

30

Chicken Smackers
Mashed Potatoes,
Seasoned Green Beans
WG Roll
Fresh Fruit
Low Fat Milk

31

Hot Ham & Cheese on Bun,
Potato Smiles
Dragon Juice
Diced Peaches
Low Fat Milk

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