

Breakfast JANUARY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
Muffin or Cereal, Mixed Fruit, Fruit Juice, Low Fat Milk	Egg&Cheese Biscuit, Juice, Fruit, Low Fat Milk	Apple Bosco Stick OR Cereal, Fresh Grapes, Juice, Low Fat Milk	Bacon Scramble Pizza, Chilled Fruit, Juice, Low Fat Milk	Waffle Sticks w Syrup OR Cereal, Chilled Fruit, Juice, Low Fat Milk
11	12	13	14	15
Cereal w String Cheese, Fresh Fruit, Juice, Low Fat Milk	Cinnamon Toast Sticks w Syrup OR Cereal, Chilled Pears, Juice, Low Fat Milk	PB&J Uncrustable, Fresh Apple Slices, Juice, Low Fat Milk	Sausage Pizza, Chilled Fruit, Juice, Low Fat Milk	Blueberry Muffin or Cereal, Mixed Fruit, Fruit Juice, Low Fat Milk
18	19	20	21	22
	Chocolate Muffin or Cereal, Mixed Fruit, Fruit Juice, Low Fat Milk	Egg Omelet, Biscuit & Jelly, Orange Wedges, Juice, Low Fat Milk	Piggle Stick w Syrup, OR Cereal Diced Peaches, Juice, Low Fat Milk	Breakfast Pizza OR Cereal, Pineapple , Juice, Low Fat Milk
25	26	27	28	29
Cereal w String Cheese, Fresh Fruit, Juice, Low Fat Milk	W.G. Donut OR Cereal, Juice, Chilled Fruit, Low Fat Milk	Sausage Biscuit, Chilled Fruit, Fruit Juice, Low Fat Milk	Muffin or Cereal, Fresh Fruit, Juice, Low Fat Milk	Cinnamon Toast Sticks w Syrup OR Cereal, Diced Peaches, Juice, Low Fat Milk

Lunch JANUARY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
	Chicken Nuggets, WG Roll, Mashed Potatoes, Gravy, Green Beans, Peaches, Low Fat Milk	Hot Dog on WG Bun, Baked Beans, Celery Sticks (1/4 c), Fresh Fruit, Low Fat Milk	Tacos w Cheese & Lettuce, Refried Beans, Seasoned Corn, WG Shell, Blueberries, Low Fat Milk	Breaded Mozzarella Cheese Sticks, Marinara Sauce (3oz.) OR Sloppy Joe, Cole Slaw, Fresh Fruit, Low Fat Milk
11	12	13	14	15
Chicken Patty on WG Bun, OR Hamburger, Potato Wedges, Green Beans, Fruit, Low Fat Milk	Salisbury Steak, WG Roll, Mashed Potatoes, Gravy, Peas & Carrots, Chilled Fruit, Low Fat Milk	Mini Corn Dogs, Baked Beans, Fresh Carrots & Ranch, Fresh Fruit, Low Fat Milk	Chicken Smackers, WG Roll, Mashed Potatoes, Gravy, Steamed Broccoli, Chilled Fruit Cup, Low Fat Milk	Big Daddy's Pizza, Romaine Salad with Tomatoes & Ranch, Fresh Fruit, Low Fat Milk
18	19	20	21	22
	Spaghetti w Meat Sauce, WG Bread Stick, Romaine Salad w Tomatoes (1/4c), Chilled Fruit, Low Fat Milk	Chili with a Bosco Stick, Dragon Juice, Oven Fries, Assorted Fresh Fruit, Low Fat Milk	Chicken Tenders, WG Roll, Mashed Potatoes, Green Beans, Fruit, Low Fat Milk	Macaroni & cheese, Bread Stick, Marinara Sauce (3oz.), Romaine Salad, Ranch Dressing, Grapes, Low Fat Milk
25	26	27	28	29
Hamburger OR Cheeseburger on WG Bun, Potato Smiles (1/2 c), Fresh Carrots & Ranch, Fresh Fruit, Low Fat Milk	Teriyaki Nuggets OR Chicken Nuggets, WG Roll, Pasta w Marinara Sauce, Peas, Fruit Cup, Low Fat Milk	Cheesy Egg Omelet, French Toast Sticks w Syrup, Potato Smiles, Dragon Juice, Spiced Apples, Low Fat Milk	Salisbury Steak, WG Roll, Mashed Potatoes, Steamed Broccoli, Peaches, Low Fat Milk	Pizza, Seasoned Potato Wedges, Baked Beans, Fresh Fruit, Low Fat Milk