

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Super Donut
 Mixed Fruit
 Fruit Juice
 Low Fat Milk
EARLY DISMISSAL
STAFF DEVELOPMENT

2
 Pancakes & Syrup
 Grapes
 Fruit Juice
 Low Fat Milk

3
 Biscuit & Gravy
 Diced Pears
 Fruit Juice
 Low Fat Milk

4
 Sausage Biscuit
 Applesauce
 Fruit Juice
 Low Fat Milk

5
 PB & J Uncrustable
 Pineapple Tidbits
 Fruit Juice
 Low Fat Milk

6
 Cinnamon Roll
 Diced Peaches
 Fruit Juice
 Low Fat Milk

7
 Cinnamon Toast Sticks
 w/Syrup
 Banana
 Fruit Juice
 Low Fat Milk

8
 Breakfast Sausage Pizza
 Rosy Red Pears
 Fruit Juice
 Low Fat Milk

9
 Egg & Cheese Biscuit,
 Flavored Applesauce
 Fruit Juice
 Low Fat Milk

10
 Cereal
 String Cheese
 Mandarin Oranges
 Fruit Juice
 Low Fat Milk

11
 WG Donut,
 Mixed Fruit
 Fruit Juice
 Low Fat Milk

12
 Waffle Sticks w/Syrup
 Fresh Apple Wedges
 Fruit Juice
 Low Fat Milk

13
 Yogurt & Fruit Parfait
 Fruit Juice
 Low Fat Milk

14
 Chicken Biscuit
 Flavored Applesauce
 Fruit Juice
 Low Fat Milk

15
 Mini Chocolate Donuts
 Pineapple Tidbits
 Fruit Juice
 Low Fat Milk

16
THANKSGIVING BREAK
NO SCHOOL

17
HAPPY THANKSGIVING
NO SCHOOL

18
BLACK FRIDAY
HAPPY SHOPPING
NO SCHOOL

19
 Scrambled Eggs
 Toast w/Jelly
 Flavored Applesauce
 Fruit Juice
 Low Fat Milk

20
 Muffin
 String Cheese
 Mandarin Oranges
 Fruit Juice
 Low Fat Milk

21
 Super Donut
 Mixed Fruit
 Fruit Juice
 Low Fat Milk

22
 Pancakes & Syrup
 Grapes
 Fruit Juice
 Low Fat Milk

23
 Pancakes & Syrup
 Grapes
 Fruit Juice
 Low Fat Milk

24
 Pancakes & Syrup
 Grapes
 Fruit Juice
 Low Fat Milk

25
 Pancakes & Syrup
 Grapes
 Fruit Juice
 Low Fat Milk



MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

Monday

Tuesday

Wednesday

Thursday

Friday

6
 Mini Corn Dogs
 Baby Bakers
 Baked Beans
 Rosy Red Pears
 Low Fat Milk

7
 Mozzarella Cheese Sticks
 Green Beans
 Coleslaw
 Mixed Fruit
 Low Fat Milk

8
 Chicken Smackers
 Mashed Potatoes,
 Glazed Carrots
 WG Roll
 Applesauce
 Low Fat Milk

9
 BBQ Parfait
 Steamed Broccoli
 Grapes
 WG Breadstick
 Low Fat Milk

10
 Hamburger on WG Bun
 Potato Smiles
 Cucumbers & Tomatoes
 Pineapple Tidbits
 Low Fat Milk

13
 Macaroni & Cheese
 Fresh Carrots
 California Blend
 WG Breadstick
 Diced Pears
 Low Fat Milk

14
 Beef Nachos
 Refried Beans
 Seasoned Corn
 Diced Peaches
 Low Fat Milk

15
 Turkey & Gravy
 Mashed Potatoes & Gravy
 Seasoned Green Beans
 Raisins
 WG Roll
 Cookie
 Low Fat Milk

16
 Lasagna w/Meat Sauce
 Romaine Salad w/tomatoes
 Seasoned Peas
 Orange Wedges
 WG Breadstick
 Low Fat Milk

17
 Chicken Fillet on Bun
 Oven Fries
 Coleslaw
 Mandarin Oranges
 Low Fat Milk

20
 BBQ Pulled Pork on WG Bun
 Baked Beans
 Baby Bakers
 Rosy Red Pears
 Low Fat Milk

21
 Chicken on the Beach
 Chips & Salsa
 Refried Beans
 Mixed Fruit
 Low Fat Milk

22
THANKSGIVING BREAK
NO SCHOOL

23
HAPPY THANKSGIVING
NO SCHOOL

24
BLACK FRIDAY
HAPPY SHOPPING!
NO SCHOOL

27
 Toasted Cheese Sandwich
 Green Beans
 Fresh Carrot Sticks
 Diced Pears
 Low Fat Milk

28
 Chili w/ Bosco Stick
 Fresh Cucumbers & Tomatoes
 Oven Fries
 Diced Peaches
 Low Fat Milk

29
 Tangerine Chicken
 WG Fried Rice
 Seasoned Broccoli
 Stir Fry Veggies
 Dried Cherries
FORTUNE COOKIE
 Low Fat Milk

30
 Spaghetti w/Meat Sauce
 Romaine Salad w/tomatoes
 Seasoned Peas
 WG Breadstick
 Fresh Apple Wedges
 Low Fat Milk



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