

Monday

Tuesday

Wednesday

Thursday

Friday



6
Scrambled Eggs
Toast & Jelly
Diced Pears
Fruit Juice
Low Fat Milk

7
Mini Chocolate Donuts
Flavored Applesauce
Fruit Juice
Low Fat Milk

1
WG Donut,
Mandarin Oranges
Fruit Juice
Low Fat Milk
**EARLY DISMISSAL
STAFF DEVELOPMENT**

2
Cinnamon French Toast
Sticks w/Syrup
Banana
Fruit Juice,
Low Fat Milk

3
Breakfast Sausage Pizza
Diced Peaches
Fruit Juice,
Low Fat Milk

13
Chicken Biscuit
Rosy Red Pears
Fruit Juice
Low Fat Milk

14
PB & J Uncrustable
Flavored Applesauce
Fruit Juice
Low Fat Milk

15
Super Donut
Mandarin Oranges
Fruit Juice
Low Fat Milk

16
Piggle Stick w Syrup,
Fresh Orange Wedges
Fruit Juice,
Low Fat Milk

17
Bacon Scramble Pizza
Mixed Fruit
Fruit Juice,
Low Fat Milk

20
Egg & Cheese Biscuit
Diced Pears
Fruit Juice
Low Fat Milk

21
Muffin
String Cheese
Flavored Applesauce
Fruit Juice,
Low Fat Milk

22
**THANKSGIVING BREAK
NO SCHOOL**

23
**HAPPY THANKSGIVING
NO SCHOOL**

24
**BLACK FRIDAY
NO SCHOOL**

27
Sausage Biscuit
Rosy Red Pears
Fruit Juice
Low Fat Milk

28
Cereal
String Cheese
Applesauce
Fruit Juice
Low Fat Milk

29
WG Donut,
Mandarin Oranges
Fruit Juice
Low Fat Milk

30
Cinnamon French Toast
Sticks Syrup
Banana
Fruit Juice,
Low Fat Milk



MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILBILITY

Monday

Tuesday

Wednesday

Thursday

Friday



6
Breaded Mozzarella Sticks
Green Beans
Fresh Carrot Sticks
Mandarin Oranges
Low Fat Milk

7
Beef Taco w/Cheese & Lettuce,
Refried Beans,
Seasoned Corn,
WG Shell,
Mixed Fruit
Low Fat Milk

1
Chicken Nuggets
Au Gratin Potatoes
Seasoned Green Beans
WG Roll,
Diced Pears
Low Fat Milk
**EARLY DISMISSAL
STAFF DEVELOPMENT**

2
BBQ Parfait
Seasoned Broccoli
WG Breadstick
Orange Wedges
Low Fat Milk

3
Chicken Fillet on Bun
Potato Smiles
Dragon Juice
Dried Cherries
Low Fat Milk

13
BBQ Pulled Pork on Bun
Baby Bakers
Baked Beans
Pineapple Tidbits
Low Fat Milk

14
Chili w/Peanut Butter Sandwich or
Bosco Stick
Cucumbers & Tomatoes w/Ranch
Potato Smiles
Diced Peaches
Low Fat Milk

8
Chicken Parmesan
Romaine Salad w/tomatoes
Glazed Carrots
WG Roll,
Rosy Red Pears
Low Fat Milk

9
Salisbury Steak,
WG Roll,
Mashed Potatoes & Gravy
Seasoned Peas
Apple Wedges
Low Fat Milk

10
Hot Dog on Bun
Oven Fries
Fresh Carrot Sticks
Applesauce
Low Fat Milk

20
Toasted Cheese Sandwich
Green Beans
Fresh Carrot Sticks
Mandarin Oranges
Low Fat Milk

21
Quesadilla
Refried Beans
Seasoned Corn
Mixed Fruit
Low Fat Milk

15
Turkey & Gravy
Mashed Potatoes & Gravy
Seasoned Green Beans
WG Roll,
Diced Pears
Cookie
Low Fat Milk

16
Lasagna w/Marinara Sauce
WG Breadstick
Romaine Salad w/tomatoes
Dragon Juice
Grapes
Low Fat Milk

17
Pizza
Oven Fries
Fresh Celery w/PB or Ranch
Raisins
Low Fat Milk

22
**THANKSGIVING BREAK
NO SCHOOL**

23
**HAPPY THANKSGIVING
NO SCHOOL**

24
**BLACK FRIDAY
HAPPY SHOPPING
NO SCHOOL**

27
Macaroni & Cheese
WG Breadstick
Dragon Juice
Green Beans
Pineapple Tidbits
Low Fat Milk

28
Beef Nachos
Refried Beans
Seasoned Corn
Diced Peaches
Low Fat Milk

29
General Tso Chicken
Fried Rice
Stir Fry Veggies
Cucumbers & Tomatoes w/dip
Diced Pears
Fortune Cookie
Low Fat Milk

30
Spaghetti w Meat Sauce,
WG Bread Stick,
Romaine Salad w/Tomatoes
Seasoned Edamame
Orange Wedges
Low Fat Milk



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