

MSD of Mt. Vernon Crisis Intervention Plan

A crisis event can be described as a sudden, unexpected event that has an emotional impact sufficient to overwhelm the usual effective coping skills of students and/or staff and that causes significant psychological stress in usually healthy persons.

The goals of intervention are to:

- Clarify and stabilize the situation
- Mobilize resources
- Return to normalization of routine for as many as possible, as soon as possible
- Restore adaptive functioning
- Facilitate healing and access to on-going help for those in need

Steps to follow:

1. Teacher will provide visual and verbal cue to take a break
2. Teacher/Instructional Assistant will remove others to alternate location
3. Staff member will call the office to activate the Crisis Team
4. Upon arrival, the member w/ the best rapport w/student in crisis will take over primary care in an attempt to de-escalate the situation. Other team members should remain out of sight of the escalated student, but remain in proximity to the location.

Note: only primary care provider should enter the room unless additional team members are needed due to safety concerns.

5. Primary provider will assess and may do any of the following:
 - a) Provide quiet space to calm down
 - b) Encourage student to use calming techniques (music, coloring)
 - c) Restraint (ONLY if student is in danger of harming himself/herself or other)
6. If student cannot self-regulate after a reasonable amount of time, student may be sent home.
7. Parent/guardian will be notified of incident via telephone and/or incident report.
8. Student will be kept safe, and monitored at all times.

CPI blocks, holds, or restraints will ONLY be utilized should student cause or be suspected of causing bodily harm to self or others.

All IEP behavior plans will be followed. If the student does not have an IEP or the IEP does not address a “crisis plan”, the steps listed above will be followed to ensure student safety.

Note: Based on school policy, should a student exit the school building, the police will be called.