






Lunch NOVEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Spaghetti w Meat Sauce, WG Bread Stick, Romaine Salad w/ Tomatoes (1/4c), Applesauce, Low Fat Milk	Hot Dog on WG Bun, Great Northern Beans, Celery Sticks(1/4 c), Fresh Fruit, Low Fat Milk	Big Daddy's Cheese Pizza, Broccoli w Ranch, Fresh Grapes, Low Fat Milk
6	7	8	9	10
Cheeseburger on WG Bun, Potato Smiles (3/4 cup), Pears, Low Fat Milk	BBQ Pulled Pork OR Rib-B-Cue on WG Bun, Cole Slaw, Celery Sticks (1/4 c), Peaches, Low Fat Milk	Tacos w Cheese & Lettuce, Refried Beans, Seasoned Corn, WG Shell, Pineapple, Low Fat Milk	Chicken Smackers, WG Roll, Mashed Potatoes, Gravy, Glazed Carrots, Chilled Fruit, Low Fat Milk	Breaded Mozzarella Cheese Sticks, Marinara Sauce (3 oz), Potato Wedges, Fresh Grapes, Low Fat Milk
13	14	15	16	17
Chicken Patty on WG Bun, Potato Wedges, Dragon Juice, Strawberries, Low Fat Milk	Salisbury Steak,WG Roll, Mashed Potatoes, Gravy, Peas & Carrots, Peaches, Low Fat Milk	Mini Corn Dogs, Baked Beans, Fresh Carrots & Ranch, Fresh Fruit, Low Fat Milk	Turkey & Gravy, Mashed Potatoes, Green Beans, WG Roll, Applesauce, Thanksgiving Cookie, Low Fat Milk	Pizza, Romaine Salad w Tomatoes & Ranch, Corn, Fresh Fruit, Low Fat Milk
20	21	22	23	24
Cheeseburger on Bun, Potato Wedges, Ketchup, Fresh Carrots with Ranch, Pineapple, Low Fat Milk	Teriyaki Nuggets, Pasta with Marinara Sauce, Celery Sticks (1/4 c), Rosy Applesauce, Low Fat Milk			
27	28	29	30	
Breaded Fish Fillet on a WG Bun, Oven Fries, Ketchup, Fresh Carrots & Ranch, Mixed Fruit, Low Fat Milk	Chicken Smackers w WG Roll, Mashed Potatoes, Gravy, Green Beans, Fresh Fruit, Low Fat Milk	Chili, Bread Stick Stuffed w Mozzarella Cheese, Cole Slaw, Fresh Fruit, Low Fat Milk	Chicken Nuggets, WG Roll, Mashed Potatoes, Gravy,Edamame, Peaches, Low Fat Milk	