



# BREAKFAST

## MARCH 2024 ELEMENTARY SCHOOLS

**ALTERNATE MEAL**  
Pop Tart & String Cheese  
Fruit  
Fruit Juice  
Low Fat Milk

Monday

Tuesday

Wednesday

Thursday

Friday

4

Sausage Biscuit  
Applesauce  
Fruit Juice  
Low Fat Milk

5

PB & J Uncrustable  
Pineapple Tidbits  
Fruit Juice  
Low Fat Milk

6

Breakfast Sausage Pizza  
Diced Peaches  
Fruit Juice  
Low Fat Milk

7

Cinnamon Toast Sticks  
w/Syrup  
Banana  
Fruit Juice  
Low Fat Milk

8

Cinnamon Roll  
Rosy Red Pears  
Fruit Juice  
Low Fat Milk

11

Egg & Cheese Biscuit,  
Flavored Applesauce  
Fruit Juice  
Low Fat Milk

12

Cereal  
String Cheese  
Mandarin Oranges  
Fruit Juice  
Low Fat Milk

13

WG Donut,  
Mixed Fruit  
Fruit Juice  
Low Fat Milk

14

Waffle Sticks w/Syrup  
Fresh Apple Wedges  
Fruit Juice  
Low Fat Milk

15

Yogurt & Fruit Parfait  
Fruit Juice  
Low Fat Milk

18

Chicken Biscuit  
Applesauce  
Fruit Juice  
Low Fat Milk

19

Mini Chocolate Donuts  
Pineapple Tidbits  
Fruit Juice  
Low Fat Milk

20

Bacon Scramble  
Diced Peaches  
Fruit Juice  
Low Fat Milk

21

Piggie Stick w Syrup  
Orange Wedges  
Fruit Juice  
Low Fat Milk

22

Goody Bun  
Rosy Red Pears  
Fruit Juice  
Low Fat Milk

25

**SPRING BREAK  
NO SCHOOL**

26

**SPRING BREAK  
NO SCHOOL**

27

**SPRING BREAK  
NO SCHOOL**

28

**SPRING BREAK  
NO SCHOOL**

29

**SPRING BREAK  
NO SCHOOL**

MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MEALS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
BBQ Pulled Pork on WG Bun  
Baked Beans  
Baby Bakers  
Diced Pears  
Low Fat Milk

**5**  
Beef Taco  
w/Cheese, Lettuce, & Salsa  
Refried Beans  
Seasoned Corn  
WG Shell  
Mixed Fruit  
Low Fat Milk

**6**  
Tangerine Chicken  
WG Fried Rice  
Glazed Carrots  
Stir Fry Veggies  
Dried Cherries  
Fortune Cookie  
Low Fat Milk

**7**  
Spaghetti w/Meat Sauce  
Romaine Salad w/tomatoes  
Seasoned Peas  
Apple Wedges  
WG Breadstick  
Low Fat Milk

**8**  
Cheese Pizza  
Potato Smiles  
Dragon Juice  
Sour Raisels  
Low Fat Milk

**11**  
Mini Corn Dogs  
Baby Bakers  
Baked Beans  
Rosy Red Pears  
Low Fat Milk

**12**  
Chili w/ Bosco Stick  
Fresh Cucumbers & Tomatoes  
Oven Fries  
Diced Peaches  
Low Fat Milk

**13**  
Chicken Smackers  
Mashed Potatoes,  
Glazed Carrots  
WG Roll  
Applesauce  
Low Fat Milk

**14**  
BBQ or Ham & Cheese Cup  
Baked Potato  
Broccoli  
WG Breadstick  
Orange Wedges  
Low Fat Milk

**15**  
Breaded Mozzarella Sticks  
Seasoned Corn  
Coleslaw  
Mandarin Oranges  
Low Fat Milk

**18**  
Chicken Fillet on Bun  
Mashed Potatoes & Gravy  
Edamame  
Diced Pears  
Low Fat Milk

**19**  
BBQ Nachos  
(w/Queso Cheese)  
Baked Beans  
Seasoned Corn  
Diced Peaches  
Low Fat Milk

**20**  
Chicken Parmesan  
Baby Bakers  
Green Beans  
Flavored Applesauce  
WG Roll  
Low Fat Milk

**21**  
Lasagna w/Meat Sauce  
Romaine Salad w/tomatoes  
Dragon Juice  
Grapes  
WG Breadstick  
Low Fat Milk

**22**  
Macaroni & Cheese  
Fresh Carrots  
California Blend  
WG Breadstick  
Fruit Gel  
Low Fat Milk

**25**  
**SPRING BREAK  
NO SCHOOL**

**26**  
**SPRING BREAK  
NO SCHOOL**

**27**  
**SPRING BREAK  
NO SCHOOL**

**28**  
**SPRING BREAK  
NO SCHOOL**

**29**  
**SPRING BREAK  
NO SCHOOL**

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