

**BREAKFAST**

**MAY 2023**  
ELEMENTARY

**ALTERNATE MEAL**  
Cereal w/String Cheese  
Fruit of the Day  
Fruit Juice  
Low Fat Milk

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

Chicken Biscuit,  
Applesauce  
Juice,  
Low Fat Milk

2

Pop Tart w/String Cheese  
Mandarin Oranges  
Fruit Juice,  
Low Fat Milk

3

Goody Bun  
Diced Peaches  
Juice  
Low Fat Milk

4

Piggle Stick w Syrup,  
Orange Wedges,  
Juice,  
Low Fat Milk

5

Bacon Scramble Pizza,  
Rosy Red Pears  
Juice,  
Low Fat Milk

8

Sausage Biscuit,  
Red Applesauce  
Fruit Juice,  
Low Fat Milk

9

Muffin w/String Cheese  
Pineapple Tidbits  
Fruit Juice,  
Low Fat Milk

10

Super Donut  
Mixed Fruit  
Juice  
Low Fat Milk

11

Pancakes & Syrup  
Grapes  
Juice,  
Low Fat Milk

12

Breakfast Sausage Pizza  
Diced Pears  
Juice,  
Low Fat Milk

15

Egg & Cheese Biscuit,  
Applesauce  
Juice  
Low Fat Milk

16

PB & J Uncrustable  
Mandarin Oranges  
Fruit Juice,  
Low Fat Milk

17

**MANAGER'S CHOICE**

18

**MANAGER'S CHOICE**

19

**MANAGER'S CHOICE**

22

**MANAGER'S CHOICE**

23

**MANAGER'S CHOICE**

24

STAFF ONLY  
NO SCHOOL  
SUMMER BREAK BEGINS!

25

ENJOY YOUR SUMMER!

26

HIGH SCHOOL GRADUATION  
7:00 HS GYMNASIUM

29

MEMORIAL DAY

30

SEE YOU IN 70 DAYS!

31

HAVE A SAFE  
SUMMER BREAK!

MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY



# MAY 2023

## ELEMENTARY SCHOOLS

Alternate Meal will only be available until May 16

**ALTERNATE MEAL**  
Chef's Salad  
Diced Ham & Crackers  
Fruit of the Day  
Low Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1 Toasted Cheese Sandwich Baked Beans Cole Slaw Pineapple Tidbits Low Fat Milk	2 Spaghetti w Meat Sauce, WG Bread Stick, Romaine Salad w/Tomatoes Dragon Juice Red Applesauce Low Fat Milk	3 Chicken Smackers, Mashed Potatoes & Gravy, Glazed Carrots WG Roll, Diced Pears Low Fat Milk	4 Pizza, Oven Fries Celery Sticks Grapes Low Fat Milk	5 Chicken on the Beach Seasoned Corn, Tostito Chips & Salsa Mixed Fruit Low Fat Milk Cinco de Mayo Cookies
8 Macaroni & Cheese, Bread Stick, Carrot Sticks & Dip Corn, Mandarin Oranges Low Fat Milk	9 Scrambled Eggs French Toast Sticks Potato Smiles Dragon Juice Spiced Apples Low Fat Milk	10 Chicken Nuggets, Mashed Potatoes & Gravy Seasoned Peas, Rosy Red Pears WG Roll Low Fat Milk	11 Chicken Parmesan Romaine Salad w/tomatoes Steamed Broccoli Fresh Orange Wedges WG Breadstick Low Fat Milk	12 Hamburger on WG Bun, Potato Smiles Baked Beans Diced Peaches, Low Fat Milk
15 Chicken Patty on WG Bun, Mashed Potatoes & Gravy, Seasoned Broccoli Pineapple Tidbits Low Fat Milk	16 Mini Corn Dogs, Baked Beans Baby Bakers, Red Applesauce, Low Fat Milk	17 MANAGER'S CHOICE  <b>NO ALTERNATE MEAL</b>	18 MANAGER'S CHOICE  <b>NO ALTERNATE MEAL</b>	19 <b>FIELD DAY FUN MENU</b> Hot Dog on Bun Carrots & Dip Chips Fruit Cup Low Fat Milk Ice Cream <b>NO ALTERNATE MEAL</b>
22 MANAGER'S CHOICE  <b>NO ALTERNATE MEAL</b>	23 MANAGER'S CHOICE  <b>NO ALTERNATE MEAL</b>	24 STAFF ONLY NO SCHOOL	25 NO SCHOOL SUMMER VACATION BEGINS	26 HIGH SCHOOL GRADUATION 7:00pm at the High School Gymnasium
29 ENJOY YOUR SUMMER BREAK!	30 BE SAFE!	31 SEE YOU ON AUGUST 8!		

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