



BREAKFAST

MAY 2025

JR HIGH

ALTERNATE MEAL
Pop Tart & String Cheese
Fruit
Fruit Juice
Low Fat Milk

Monday

Tuesday

Wednesday

Thursday

Friday

5

Egg & Cheese Biscuit
Diced Pears
Fruit Juice
Low Fat Milk

6

Mini Powdered Sugar Donuts
Applesauce
Fruit Juice
Low Fat Milk

7

Cinnamon Roll
Frozen Fruit Cup
Fruit Juice
Low Fat Milk

8

PB & J Uncrustable
Fresh Fruit
Fruit Juice
Low Fat Milk

9

Biscuit & Gravy
Fruit Cocktail
Fruit Juice,
Low Fat Milk

12

Sausage Biscuit
Rosy Red Pears
Fruit Juice
Low Fat Milk

13

Cereal
String Cheese
Raisins/Raisels
Fruit Juice
Low Fat Milk

14

WG Donut
Frozen Fruit Cup
Fruit Juice
Low Fat Milk

15

French Toast Sticks w/Syrup
Fresh Fruit
Fruit Juice,
Low Fat Milk

16

MANAGER'S CHOICE

19

MANAGER'S CHOICE

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MANAGER'S CHOICE

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MANAGER'S CHOICE

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MANAGER'S CHOICE

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MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

Monday
Tuesday
Wednesday
Thursday
Friday
5

BBQ Pulled Pork Sandwich
Baked Beans
Baby Bakers
Diced Peaches
Low Fat Milk

6

Chicken on the Beach
Refried Beans
Salsa & Chips
Pineapple Tidbits
Low Fat Milk

7

Salisbury Steak
Mashed Potatoes & Gravy
Glazed Carrots
WG Roll
Rosy Red Pears
Low Fat Milk

1

Chicken Tenders
Mashed Potatoes & Gravy
Seasoned Peas
WG Roll
Fresh Fruit
Low Fat Milk

2

Pizza
Romaine Salad w/tomatoes
Potato Smiles
Flavored Applesauce
Low Fat Milk

8

Chicken Nuggets,
Au Gratin Potatoes
Seasoned Broccoli
WG Roll,
Fresh Fruit
Low Fat Milk

9

Mac & Cheese
WG Breadstick
Oven Fries
Seasoned Green Beans
Fruit Gel or Frozen Fruit Cup
Low Fat Milk

12

Mini Corn Dogs
Baked Beans
Baby Bakers
Mixed Fruit
Low Fat Milk

13

Beef Tacos
Refried Beans
Seasoned Corn
Mandarin Oranges
Low Fat Milk

14

5th Grade Orientation
Spaghetti w/meat sauce
WG Breadstick
Seasoned Mixed Vegetables
Dragon Juice
Diced Pears
Low Fat Milk

15

5th Grade Orientation
General Tso Chicken
Fried Rice
Seasoned Broccoli
Glazed Carrots
Egg Roll
Fresh Fruit
Low Fat Milk

16

FIELD DAY
Hamburger OR Hot Dog
Dragon Juice
Fresh Carrots
Chips
Fruit Cups
Ice Cream
Low Fat Milk

19

MANAGER'S CHOICE

20

MANAGER'S CHOICE

21

MANAGER'S CHOICE

22

MANAGER'S CHOICE

23

STAFF ONLY
DISTRICT BREAKFAST
High School Graduation
7:00pm

26

MEMORIAL DAY

27

ENJOY YOUR
SUMMER BREAK

28
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