

Monday

Mac & Cheese **2**
 WG Breadstick
 Mixed Vegetables
 Coleslaw
 Veggies & Dip,
 Fruit
 Low Fat Milk **NO FRIES**

Mini Corn Dogs **9**
 Baby Bakers
 Baked Beans
 Veggies & Dip
 Fruit
 Low Fat Milk
NO FRIES

BBQ Pulled Pork on Bun **16**
 Baked Beans
 Baby Bakers
 Veggies & Dip
 Fruit
 Low Fat Milk **NO FRIES**

Egg Omelet **23**
 Sausage Link
Hash Brown Patty
 Biscuit & Gravy
 Veggies & Dip
 Spiced Apples
 Low Fat Milk

Tuesday

Chicken on the Beach **3**
 (Rice, Chicken, & Queso)
 Chips & Salsa
 Refried Beans
 Veggies & Dip,
 Fruit,
 Low Fat Milk
NO FRIES

Beef Nachos **10**
 Refried Beans
 Street Corn
 Veggies & Dip,
 Fruit,
 Low Fat Milk
NO FRIES

Country Fried Steak **17**
 Mashed Potatoes & Gravy
 Glazed Carrots
 Roll
 Veggies & Dip
 Fruit
 Low Fat Milk **NO FRIES**

Taco **24**
 Refried Beans
 Seasoned Corn or Street Corn,
 Veggies & Dip,
 Fruit,
 Low Fat Milk **NO FRIES**

Wednesday

Spaghetti w/meat sauce **4**
 Seasoned Corn
 Romaine Salad w/tomatoes
 WG Breadstick
 Fruit
 Low Fat Milk
NO FRIES

Salisbury Steak **11**
 Mashed Potatoes
 Seasoned Broccoli
 Veggies & Dip
 Roll
 Fruit
 Low Fat Milk **NO FRIES**

Lasagna w/meat sauce **18**
 Seasoned Mixed Vegetables
 Romaine Salad w/tomatoes
 WG Breadstick
 Fruit
 Low Fat Milk
NO FRIES

(Loaded Baked Potato) **25**
 BBQ Pork w/shredded cheese
 Baked Potato
 Cheesy Broccoli
 Veggies & Dip
 Fruit
 Roll
 Low Fat Milk **NO FRIES**

Thursday

Chicken Nuggets **5**
 Mashed Potatoes & Gravy
 Seasoned Peas
 Roll
 Veggies & Dip,
 Fruit,
 Low Fat Milk **NO FRIES**

General Tso Chicken , **12**
 Egg Roll
 Fried Rice,
 Stir Fry Veggies
 Glazed Carrots
 Veggies & Dip,
 Fruit, Fortune Cookie
 Low Fat Milk **NO FRIES**

Chicken Smackers **19**
 Au Gratin Potatoes
 Seasoned Corn
 Veggies & Dip,
 Roll
 Fruit,
 Low Fat Milk **NO FRIES**

Boneless Pork Chop **26**
 Mashed Potatoes & Gravy
 Glazed Carrots
 Veggies & Dip,
 Roll
 Fruit
 Low Fat Milk **NO FRIES**

Friday

SPICY Chicken Fillet on Bun **6**
French Fries
 Coleslaw
 Veggies & Dip
 Fruit
 Low Fat Milk

Chili PB Sandwich **OR** **13**
 Max Cheestick
French Fries
 Coleslaw
 Veggies & Dip
 Fruit
 Low Fat Milk

Stromboli on Hoagie **20**
Curly Fries
 Coleslaw
 Veggies & Dip
 Fruit
 Low Fat Milk

Chicken Fillet on Bun **27**
 Baby Bakers
 Seasoned Peas
 Veggies & Dip
 Fruit
 Low Fat Milk **NO FRIES**

MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENUS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY