



## BREAKFAST

# APRIL 2024

## ELEMENTARY

**ALTERNATE MEAL**  
Cereal & String Cheese  
Fruit  
Fruit Juice  
Low Fat Milk

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1

Scrambled Eggs  
Toast w/Jelly  
Flavored Applesauce  
Fruit Juice  
Low Fat Milk

2

Muffin  
String Cheese  
Mandarin Oranges  
Fruit Juice  
Low Fat Milk

3

Super Donut  
Mixed Fruit  
Fruit Juice  
Low Fat Milk

4

Pancakes & Syrup  
Grapes  
Fruit Juice  
Low Fat Milk

5

Biscuit & Gravy  
Diced Pears  
Fruit Juice  
Low Fat Milk

8

**NO SCHOOL**  
**POSSIBLE MAKE UP DAY**

9

PB & J Uncrustable  
Pineapple Tidbits  
Fruit Juice  
Low Fat Milk

10

Cinnamon Roll  
Diced Peaches  
Fruit Juice  
Low Fat Milk

11

Cinnamon Toast Sticks  
w/Syrup  
Banana  
Fruit Juice  
Low Fat Milk

12

Yogurt & Fruit Parfait  
Fruit Juice  
Low Fat Milk

15

Egg & Cheese Biscuit  
Flavored Applesauce  
Fruit Juice  
Low Fat Milk

16

Pop Tart  
String Cheese  
Mandarin Oranges  
Fruit Juice  
Low Fat Milk

17

WG Donut,  
Mixed Fruit  
Fruit Juice  
Low Fat Milk

18

Waffle Sticks w/Syrup  
Fresh Apple Wedges  
Fruit Juice  
Low Fat Milk

19

**NO SCHOOL**  
**POSSIBLE MAKE UP DAY**

22

Chicken Biscuit  
Flavored Applesauce  
Fruit Juice  
Low Fat Milk

23

Powdered Sugar Donut Balls  
Pineapple Tidbits  
Fruit Juice  
Low Fat Milk

24

Goody Bun  
Diced Peaches  
Fruit Juice  
Low Fat Milk

25

Piggle Stick w Syrup  
Orange Wedges  
Fruit Juice  
Low Fat Milk

26

Bacon Scramble  
Rosy Red Pears  
Fruit Juice  
Low Fat Milk

29

Scrambled Eggs  
Toast w/Jelly  
Flavored Applesauce  
Fruit Juice  
Low Fat Milk

30

Muffin & Cheese Stick  
Mandarin Oranges  
Fruit Juice  
Low Fat Milk

MSD OF MT VERNON IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MEALS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY





# APRIL 2024

## ELEMENTARY

**ALTERNATE MEAL**  
DELI SANDWICH  
VEGETABLES OF THE DAY  
FRUIT OF THE DAY  
LOW FAT MILK

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1

Toasted Cheese Sandwich  
Potato Smiles  
Dragon Juice  
Rosy Red Pears  
Low Fat Milk

2

Chicken on the Beach  
(Rice, Chicken, & Queso)  
Chips & Salsa  
Refried Beans  
Diced Peaches  
Low Fat Milk

3

Chicken Nuggets  
Au Gratin Potatoes  
Seasoned Broccoli  
WG Roll  
Flavored Applesauce  
Low Fat Milk

4

Salisbury Steak  
Mashed Potatoes  
Seasoned Corn  
WG Roll  
Banana  
Low Fat Milk

5

Hot Dog on Bun  
Coleslaw  
Baked Beans  
Pineapple Tidbits  
Low Fat Milk

8

NO SCHOOL  
POSSIBLE MAKE UP DAY

9

Beef Taco  
w/Cheese, Lettuce, & Salsa  
Refried Beans  
Seasoned Corn  
WG Shell  
Mixed Fruit  
Low Fat Milk

10

Tangerine Chicken  
WG Fried Rice  
Glazed Carrots  
Stir Fry Veggies  
Dried Cherries/Raisins  
Fortune Cookie  
Low Fat Milk

11

Spaghetti w/Meat Sauce  
Romaine Salad w/tomatoes  
Seasoned Peas  
Apple Wedges  
WG Breadstick  
Low Fat Milk

12

Pizza  
Potato Smiles  
Dragon Juice  
Sour Raisels  
Low Fat Milk

15

Mini Corn Dogs  
Baby Bakers  
Baked Beans  
Rosy Red Pears  
Low Fat Milk

16

Breaded Mozzarella Sticks  
Seasoned Corn  
Coleslaw  
Diced Peaches  
Low Fat Milk

17

Chicken Smackers  
Mashed Potatoes,  
Glazed Carrots  
WG Roll  
Applesauce  
Low Fat Milk

18

Ham & Cheese Cup  
Baked Potato  
Cheesy Broccoli  
WG Breadstick  
Grapes  
Low Fat Milk

19

NO SCHOOL  
POSSIBLE MAKE UP DAY

22

Macaroni & Cheese  
Fresh Carrots  
California Blend  
WG Breadstick  
Diced Pears  
Low Fat Milk  
DIRT PUDDING

23

BBQ Nachos  
(w/Queso Cheese)  
Baked Beans  
Seasoned Corn  
Mixed Fruit  
Low Fat Milk

24

Chicken Tenders  
Mashed Potatoes & Gravy  
Green Beans  
Flavored Applesauce  
WG Roll  
Low Fat Milk

25

Lasagna w/Meat Sauce  
Romaine Salad w/tomatoes  
Dragon Juice  
Orange Wedges  
WG Breadstick  
Low Fat Milk

26

Chicken Fillet on Bun  
Potato Smiles  
Edamame  
Fruit Gel  
Low Fat Milk

29

Toasted Cheese Sandwich  
Baby Bakers  
Dragon Juice  
Rosy Red Pears  
Low Fat Milk

30

Chicken on the Beach  
(Rice, Chicken, & Queso)  
Chips & Salsa  
Refried Beans  
Diced Peaches  
Low Fat Milk

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